**For parents/guardians/grandparents**

Dear xxx,

I am writing to you as a **parent/guardian of** **xxx**, who is a year **xxx** student at **your school’s name**. I would like to enquire whether our school has opted into the [government’s free period product scheme](https://www.gov.uk/government/publications/period-products-in-schools-and-colleges/period-product-scheme-for-schools-and-colleges-in-england)? I would also like to know whether reusable period products (i.e. Mooncup menstrual cup and/or reusable pads) have been made available for any pupil wishing to choose a more sustainable menstrual product?

I appreciate the difficult position that schools are in in this unprecedented time. However, now more than ever, it’s important that schools take this opportunity to address the issue of youth period poverty. Research undertaken by Plan International during lockdown found that 30% of 14-21-year olds struggled to afford period products in the UK. Over half of them used toilet paper as an alternative. It is important that the families of vulnerable students in our community are not made to choose to spend their money on period care instead of other essentials like food. Or go without.

Schools in England have also been set a target to go single-use plastic free by 2022. With disposable period products, such as pads and tampons, made up of up to 90% plastic, I would also ask for you to ensure more sustainable, reusable choices, such as Mooncup menstrual cup are also available for learners. In difficult times like this, the benefits of reusable menstrual products are all the more clear. They are not just products for now, but for the future too.

Looking forward to hearing from you.

Yours sincerely,

**Xxxx**