

Thanks for getting in touch. You are most welcome to have one of our education packs to include a demo Mooncup®. Please send me a delivery address and I'll make sure that we send one out for you.

I am delighted to share the following video content to engage and support discussion:

- [Mooncup Period Drama](#)
- [Demonstration Video: How to use a Mooncup®](#)
- [NHS Choices: Periods: Pads, Tampons or Menstrual Cups?](#)

The Family Planning Association (FPA) 4Girls booklet used in schools mentions the Mooncup® as a sanitary protection option. See page 7 for the Mooncup

<http://www.fpa.org.uk/sites/default/files/4girls-female-body-growing-up-puberty.pdf>

Here at Mooncup Ltd we have a dedicated Advice Service run by medical health professionals. We are always happy to be contacted with any questions regarding using the Mooncup® and are able to provide appropriate tailored support. If any of the teachers or nurses have questions regarding the Mooncup® they are very welcome to contact us by email at [advice@mooncup.co.uk](mailto:advice@mooncup.co.uk)

Lastly, would it be ok for us to keep your details on file, to see if you need any more leaflets sent out in the future? Please let me know.

I hope this helps, thanks for your support

Best wishes,

The Mooncup team